



Write Out Loud!: The Power of Journaling for Families that Live with Life Threatening Work

Dr. Linda Peterson-St. Pierre PhD

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Those who work in war and war-like situations—military, police, firefighters, border patrol—face danger each day. Their spouses and children are left at home, often with worry and stress that they do not know how to release. Write Out Loud! is a writing workshop designed to support spouses and children as they struggle with having family placed in danger through their line of work.

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