



Reclaim Your Life: Understanding Toxic Relationships, What to Do, and When to Leave

Jennifer Reed

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Are you in a toxic relationship, but don't know what to do?

This book will show you all the ways that a relationship can be toxic, from the overt signs to the subtle, and help you decide whether to try to fix it, or leave it behind. It will show you that there is a way out, a path toward the person you wish you were, and the life you want--towards happiness.

Here's What You Will Learn:

- **What is a toxic relationship?**
- **What part of the relationship is toxic?**
- **Understanding the characteristics of a toxic relationship**
- **Can the relationship be fixed?**
- **Making the decision to leave, including how to leave when you have children and/or pets**
- **How to start rebuilding your life!**
- **And much more!**

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Tags: love, happiness, abuse, self-improvement, children, pets,

divorce, toxic relationship, toxic relationships, abusive relationships abuse

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Lidia Hill:

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