



Antigravity: How to Minimize Gravitational Forces Affecting Your Life and Live in Balance Finding a True Self and Happiness

Shadi Shafiq Obeidat

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As humans living in the universe, there is no way we can escape the impact of the laws of gravity—the laws laid out by Sir Isaac Newton in the seventeenth century.

Yet according to author Shadi Sh Obeidat, most people don't understand that the gravitational forces at work in the universe also impact our mental, psychological, and emotional state, threatening to hinder us from discovering our true selves.

Mass and distance affect the psychology of humanity just as they impact the physical world. In *Antigravity*, Obeidat offers readers an invaluable manual for throwing off the constraints of gravity's bonds in order to grow and change.

Incorporating psychology, religion, emotions, and theories of personality into his understanding of physics, Obeidat provides readers with practical advice and useful methods for achieving and maintaining personal transformation, success, and happiness.

Strip off the layers from your false personality, lighten your load, and increase the distance between yourself and environmental triggers. In this context, there is an indispensable need for a comprehensive plan of change on the physical, emotional, intellectual levels to ensure success. Let the laws of physics guide you toward living your best life today.

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