



The Manual for Self-examination of Human Body Meridian and Acupoints System (Chinese Edition)

zhang rui xiang

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This is the most classical and practical self-care book. Starting from the human body channels and collaterals, this book introduces the acupoint massage techniques, indications, massage health care, treatment of common diseases, beauty massage for women, massage therapy for paediatric and other diseases. In this era with gradually higher medicine price, it is believed that the safe and non-toxic massage therapy without no side effects will be more and more popular.

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