



# Nutrition Essentials for Nursing Practice

*Susan G. Dudek RD BS*

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## **Nutrition Essentials for Nursing Practice** Susan G. Dudek RD BS

The Sixth Edition of this nursing-focused nutrition text has been updated to reflect the latest evidence-based practice and nutrition recommendations and streamlined to emphasize what the nurse really needs to know. Maintaining its nursing process focus and emphasis on patient teaching, this edition includes new features to help readers integrate nutrition into nursing care. These new features include Nursing Process tables, Case Studies for every chapter, and NCLEX style study questions for every chapter. Web addresses at end of each chapter will draw students to the most up-to-date and reliable resources on the Web.

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