



Human Sleep and Cognition, Part II, Volume 190: Clinical and Applied Research (Progress in Brain Research)

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There is a critical, bidirectional relationship between sleep and cognition, yet the literature in this area is scattered, and it is surprisingly difficult to find a comprehensive overview of the basic principles, latest discoveries, and outstanding challenges.

This issue of *Progress in Brain Research* is split over 2 volumes, bringing together cutting-edge research on the topic in the basic, clinical and applied sciences. The 2 volumes review current knowledge and understanding, provide a starting point for researchers and practitioners entering the field, and build a platform for further research and discovery.

All chapters include comprehensive background information and are written in a clear form that is also accessible to the non-specialist

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