



The Ultimate Fryer Cookbook (Quintet Book)

Wendy Sweetser

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For many people, comfort food means french fries, doughnuts, fried chicken, fritters, or potato chips. In fact, deep-frying appears in nearly every global cuisine, in the form of samosas, egg rolls, fritto misto, or some other everyday delicacy. The keys to success are proper equipment, temperature, technique, and choice of cooking oil. This sumptuous collection of recipes from around the world includes mushroom and scallion wontons, Vietnamese rice rolls, and Southern fried chicken with cream gravy. It's a complete guide to deep-frying for the lightest, crispest, most healthful—and delectable—results.

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