

Auras: Auras and Subtle Energy-Aura Balancing for Spiritual Wellness and Personal Success (Auras, Chakras, Meditation, How to See Auras) (Volume 1)

Elena Garcia



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AURAS FOR BEGINNERS: Discover Emotional and Spiritual Wellness!

• Are you interested in meditation and spirituality? • Are you new to chakras and auras? Maybe you are not, but you need some kind of a refresher to get back on track? • Would you like to learn more about yourself and others? • Do you want to achieve more in your life and be the captain of your ship? • Are you interested in personal development? • Do you want to discover a new, happier and more balanced version of yourself? • Are you fascinated by the law of attraction? • Do you want to learn more about HOLISTIC RELAXATION? If you answered "yes" to at least one of the above-mentioned questions, this book is a perfect guide for you. It is filled with information to give you a basic understanding of our internal energy system. It breaks down aura color and why it is important to be able to see auras. I have included tricks and methods to clean your aura that are practical and simple to apply every single day.

You will get an understanding of how to sense, cleanse, and balance your internal energy starting today so that you can start attracting the things that you have always needed and desired.

Are you still skeptical...?

I know what you are thinking...Aura, sounds like a mystical, supernatural, hocus pocus, bunch of nonsense to some. In all actuality, the aura is very real. It is simply the natural energy of your body, put out by the chakras, radiating around you.

Auras are out own personal energy field.

The world and people around us are affected by our energy of the aura. If you pay close attention, you can feel the energy of another person when they are close to you, in your personal space (aura). Let's jump right into it to discover how this knowledge can help you live a happy and balanced lifestyle. I wish you good luck in your spiritual journey. You will learn a lot about yourself and others...!

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Andrew Howe:

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