

Prenatal Parenting: The Complete Psychological and Spiritual Guide to Loving Your Unborn Child

Frederick, M.D. Wirth

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Did you know that...

Every year an increasing number of babies are born prematurely or with behavioral disorders?

• Learn how thinking positively and communicating with your partner and/or medical staff can help prevent a preterm birth and aid in the positive development of your unborn child's personality.

A baby's in utero experience builds the brain architecture that will determine behavior throughout life?

• Discover exercises that will help you control stress, fear, guilt, and anger and change unwanted behaviors during pregnancy.

Your unborn child has more nerve cells and many more connections among them than an adult?

• Learn how a fetal love break can help calm your baby and lead to proper nerve and brain development.



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stage of crucial contemplating.

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