



# Nursing Fundamentals DeMYSTiFieD: A Self-Teaching Guide

*Bennita Vaughans*

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## **Nursing success begins with the fundamentals!**

*Nursing Fundamentals Demystified* offers a fast and interesting way for you to understand the foundational concepts and information that will be the cornerstone of your entire nursing education and career. It helps you sort through the mountain of information nursing students face and focus on the essentials – that which you truly must know to be a successful nurse. You'll also learn how apply this information to real-world clinical situations.

In order to make the learning process as effective as possible, you'll find learning aids such as chapter objectives; key terms, tables and boxed information which summarize important concepts; nursing alerts which spotlight critical safety information; nursing care plans in selected chapters which help you identify key assessment data, nursing diagnoses, and interventions; selected procedure tips to assist you with the clinical application of content, questions that appear throughout each chapter to help you evaluate your comprehension; and NCLEX®-style questions at the end of each chapter.

## **Get a working understanding of these important concepts:**

The nursing process, Communication and Documentation, Vital sign assessment, Health assessment, Medication Administration, Safety, Skin integrity, Activity and mobility, Sensory and cognition, Sleep and comfort, Oxygenation, Nutrition, Fluid, electrolyte, acid-base balance, Urinary elimination, Bowel elimination, Psychosocial needs

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Nursing Fundamentals DeMYSTiFieD: A Self-Teaching Guide can be one of your starter books that are good idea. We all recommend that straight away because this book has good vocabulary that may increase your knowledge in vocabulary, easy to understand, bit entertaining however delivering the information. The article author giving his/her effort to place every word into joy arrangement in writing Nursing Fundamentals DeMYSTiFieD: A Self-Teaching Guide yet doesn't forget the main point, giving the reader the hottest in addition to based confirm resource data that maybe you can be one of it. This great information can easily drawn you into completely new stage of crucial thinking.

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#### **Sunny Lopez:**

What is your hobby? Have you heard that question when you got pupils? We believe that that question was given by teacher to the students. Many kinds of hobby, Every person has different hobby. And also you know that little person just like reading or as looking at become their hobby. You should know that reading is very important along with book as to be the matter. Book is important thing to include you knowledge, except your teacher or lecturer. You find good news or update with regards to something by book. Amount types of books that can you take to be your object. One of them is actually Nursing Fundamentals DeMYSTiFieD: A Self-Teaching Guide.

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