

Fight Fatigue: A Nurse Manager's Guide to Reduce Risk and Revitalize Staff

Adrianne Avillion, Acacia Aguirre

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Fight Fatigue: A Residency Director's Guide to Combat Resident Fatigue and Reduce Risk, by Adrianne E. Avillion, DEd, RN, will help you keep your residents sharp and energized so you can reduce risk by running a safe and efficient residency program. At the same time, it will help you provide them with the relief they need from their fast-paced occupation and lives, and ensure your program's compliance with ACGME standards. This book will help resident program directors and coordinators tackle the challenges presented by the undeniable fact that, no matter what the root cause of a resident being overly fatigued on duty, the hospital will be held responsible when the fatigue leads to an adverse event--perhaps even an adverse event that occurred outside of your facility's walls. Keep in mind Heather Brewster, a young woman who was left disabled after her car was struck by a resident who'd just finished worked a 36-hour shift, when considering the importance of monitoring resident fatigue.



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