



# French Food Safari: A Delicious Journey into Culinary Heaven

*Maeve O'Meara, Guillaume Brahim*

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More than a cookbook, French Food Safari is a glimpse into a way of life that celebrates one of the best cuisines on the planet. A sumptuous collection of foolproof recipes and gorgeous photography of France. French Food Safari is a celebration of the exquisite pleasure of eating French cuisine in all its delicious complexity. The French grow up knowing the seasons for scallops and asparagus, how to choose an artichoke, what a roast chicken should really taste like, and that cheese always comes before dessert. Explore Paris and regional France with first-class French chefs and artisanal producers, and uncover a nation that truly treasures food. Meet the acclaimed Alain Ducasse, with an unprecedented nineteen Michelin stars; the father of modern French cooking Paul Bocuse; legendary chef Guy Savoy, who has restaurants on three continents; and the incomparable king of sweets, Pierre Hermé. Some of the world's most celebrated French culinary masterpieces feature alongside traditional, rustic family favorites. Offering simple, foolproof recipes that anyone can cook at home, French Food Safari is a delicious journey across the length of France sure to inspire any cook.

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